

Hello OLG Parents

We would like to introduce to you the **OLG Sports Program** for the 2016-2017 academic year. On this page, you will find general information regarding the sports that are available through **CYO** (Catholic Youth Organization), an athletic program intended for any Catholic elementary or middle school under the jurisdiction of the Archdiocese of Los Angeles. We would like to extend an invitation to all parents regardless of the grade your child is in to take a look at this webpage to familiarize yourselves with the **OLG Sports Program**.

OLG Sports Program Contacts for Academic Year 2016-2017 -

Mr. Daniel Rodriguez - Athletic Director

Gloria & Jose Quan (OLG Parents) - Sports Coordinators

Coaching - Coaches are always in high demand but usually scarce. We are hoping to turn that around this year and in the years to come. You may have an interest/talent in coaching or perhaps enjoy playing a sport and would like to try coaching a team. In either case, we are recruiting and we need you to reach out to us if you are interested in coaching our young eager OLG athletes. Teams can have one main coach or can have two or more coaches who share the responsibility with the ultimate goal of providing these OLG students with a wonderful team sport experience.

Coaching requirements are the following:

- Virtus trained & fingerprinted
- Completion of a half day, off site coaches training through CYO. Certification is valid for 3 years.

Technology - We hope to be using more technology, like Shutterfly, in the OLG Sports Program this year to assist the coaches, team parent, and parents of those student athletes with roster/contact information, management of practice and game schedule information, transportation schedule & snack schedule. We want to make communication seamless for each team so that all members of that team, know what to expect week to week during their season. We will provide assistance with setting up and managing the Shutterfly accounts to coaches. Consent will be required from each athlete's parent in order to be included in such media.

Pictures - Pictures are an important part of documenting a team's season. The formal team picture with their coach or coaches and team parent will be scheduled at the beginning of the season for each team. We do need a parent or a few parents on each team to take on or share the responsibility of taking pictures during practices and games. This commitment is a very important one because we need to have enough pictures of all the team players in action. This will ensure we have enough to choose from for the yearbook and the slide show presentation during the OLG Sports Banquet in June. Instructions will be given on how to forward those pictures to the sport coordinators.

Team Opportunities - The list of sports available to sign up for through CYO are provided below for your information, however this does not mean OLG fields teams for all of these sports. The ones highlighted in **red** are the ones that OLG fielded teams for last academic year. Those teams successfully competed and completed their season because they had a dedicated coach

or coaches who committed themselves to guiding student athletes for the duration of the season. We wanted to make sure all OLG families were aware of the athletic opportunities available to OLG and hopefully recruit more parent volunteers to coach. Please take a moment to peruse the list that follows for Academic Year 2016-2017:

Volleyball Girls A - season begins September 19th

Volleyball Girls B/C - season begins September 26th

Flag Football A - season begins September 18th

Flag Football B/C - season begins September 24th

Golf Fall - season begins October 2nd

Cross Country Invitational - season begins October 9th

Cross Country Championship - season begins November 11th

Basketball Girls A - season begins December 3rd

Basketball Girls B/C - season begins January 24th

Basketball Boys A - season begins January 7th

Basketball Boys B/C - season begins January 24th

Bowling - season begins December 4th

Golf Winter - season begins January 29th

Soccer Girls - season begins February 25th

Soccer Boys - season begins March 18th

Softball - season begins March 6th

Volleyball Boys A - season begins March 20th

Volleyball Boys B/C - season begins April 3rd

Golf Spring - season begins April 2nd

Track and Field - season begins April 8th

Cheer - season begins March 11th

Team definitions -

- A teams are made up of 7th & 8th graders
- B teams are made up of 5th & 6th graders
- C teams are made up of 3rd & 4th graders

- *Based on skill/ability it may be possible that a student athlete could be invited to play up by the Athletic Director/Coaches.*

Notification of Sign-Ups/Try-Outs - The primary way we will be communicating sign-up/try-out dates is through email notifications to all OLG families via their School Speak accounts. We will also try to send out fliers and advertise around school however, the primary way will be the use of parent emails so please make sure that your emails are working through School Speak. In addition, even if there are enough students to field a team for a particular sport, if we do not have a coach or coaches who are committed to fulfill this role for the team we will not be able to register that specific team with CYO.